



**#2 - Take A Mindful Walk**

- Alone or with a friend.
- Take your time.
- It's the journey, not the destination.
- Keep dreams top of mine.
- You'll be surprised what The Universe will present!

Thoughts below:



**#3 - Pick A Color Of The Day**

- Clothes, hair, makeup, shoes.
- Go monochromatic! Go Wild!

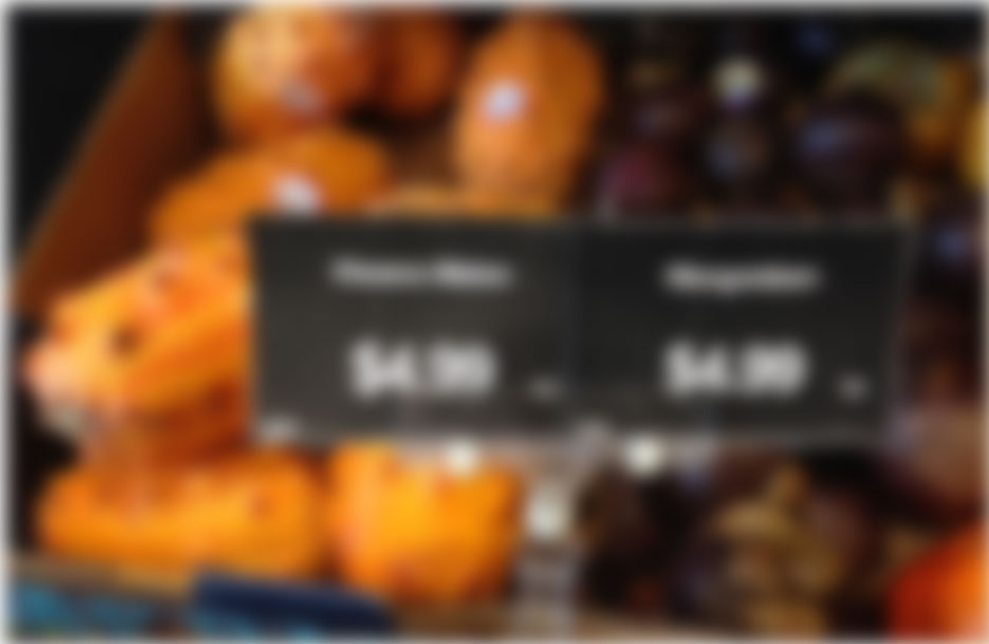
Thoughts below:



**#4 - Spa Day!**

- Pamper yourself.
- Bath, shower, candles, music, scents.
- Read a favorite book, thumb through a new magazine, go to a movie, brew a wonderfully scented tea, binge watch your favorite program.
- Treat yourself with love and gentleness.
- You deserve it!

Thoughts below:

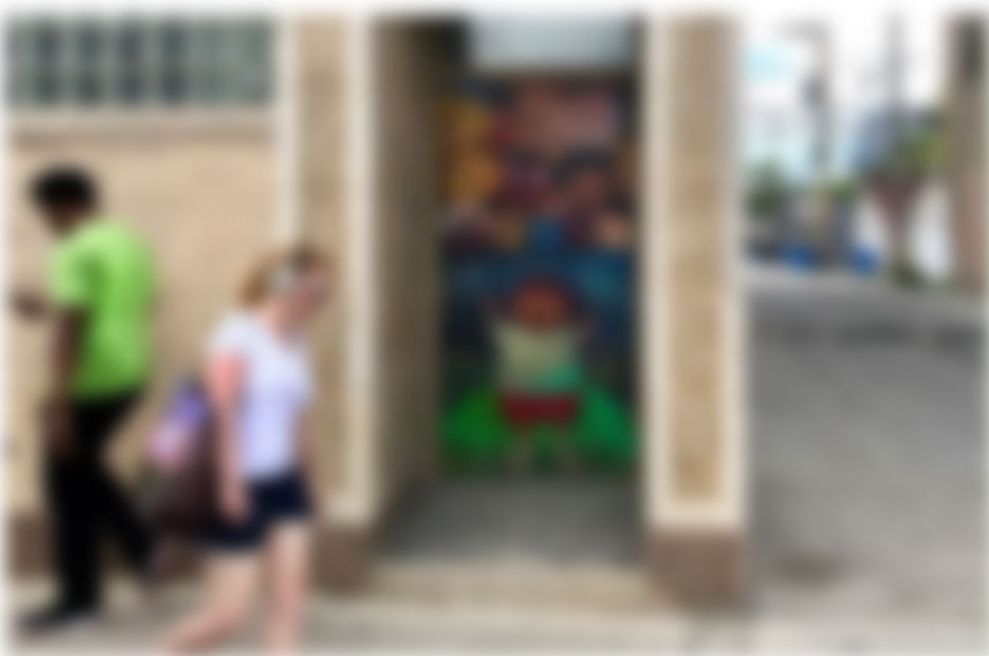


**48 - Get It Now (Free)**

- It's a great opportunity to get it now at \$4.99.
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Thoughts below:

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Thoughts below:



### 00 - Share & enjoy the photos you took

- The app lets you share your photos with friends and family.
- You can also share photos with your dog.
- You can also share photos with your dog's friends.
- You can also share photos with your dog's family.

Thoughtful



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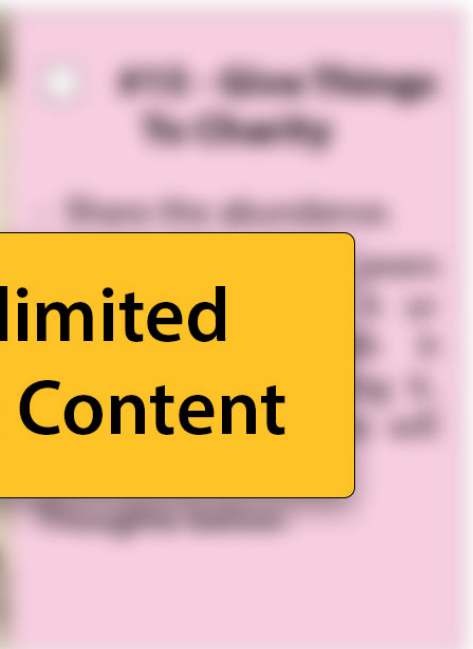
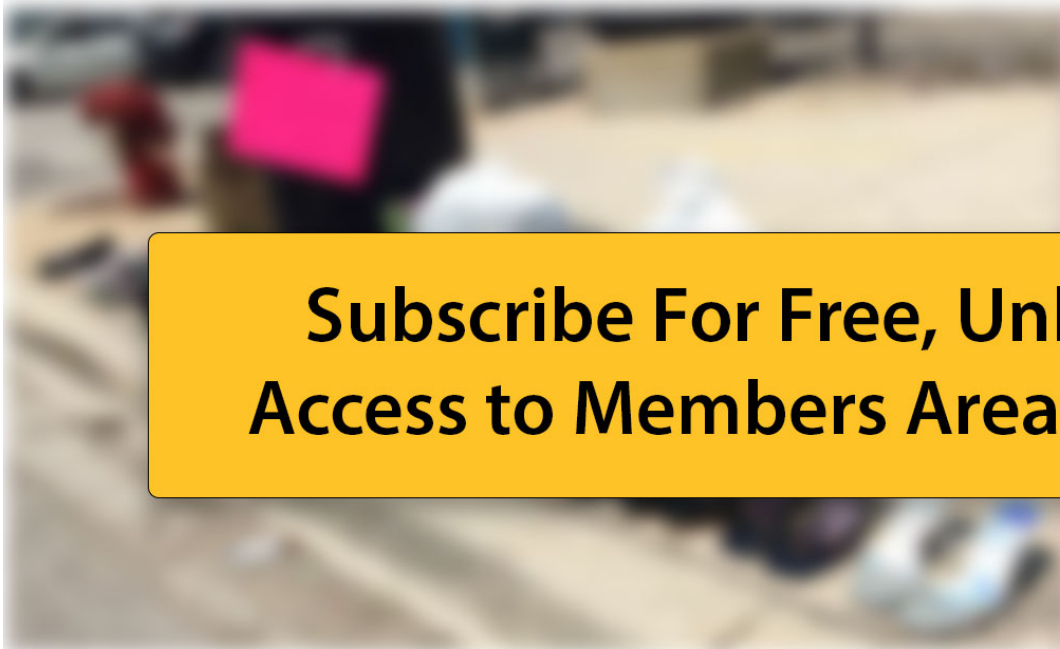




Why - Stay the  
Course of Your  
Business Long Term

Why -  
Why -  
- Invest your money  
in thousands of your best  
the best way

Investment



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**400 - Healthy Feet  
When You're  
Walking On**

- How to recognize and prevent an overuse injury
- Consider the weather
- How your feet affect the experience

Thoughts on:

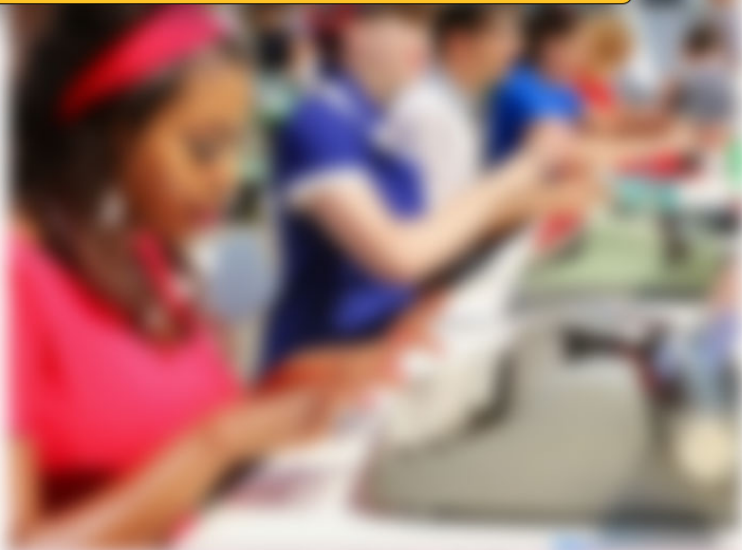


**400 - When Your Thoughts Don't Match**

- How to recognize and prevent an overuse injury
- Consider the weather
- How your feet affect the experience



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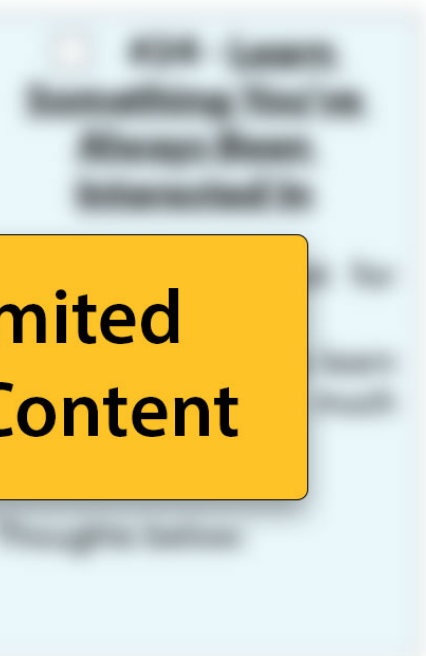
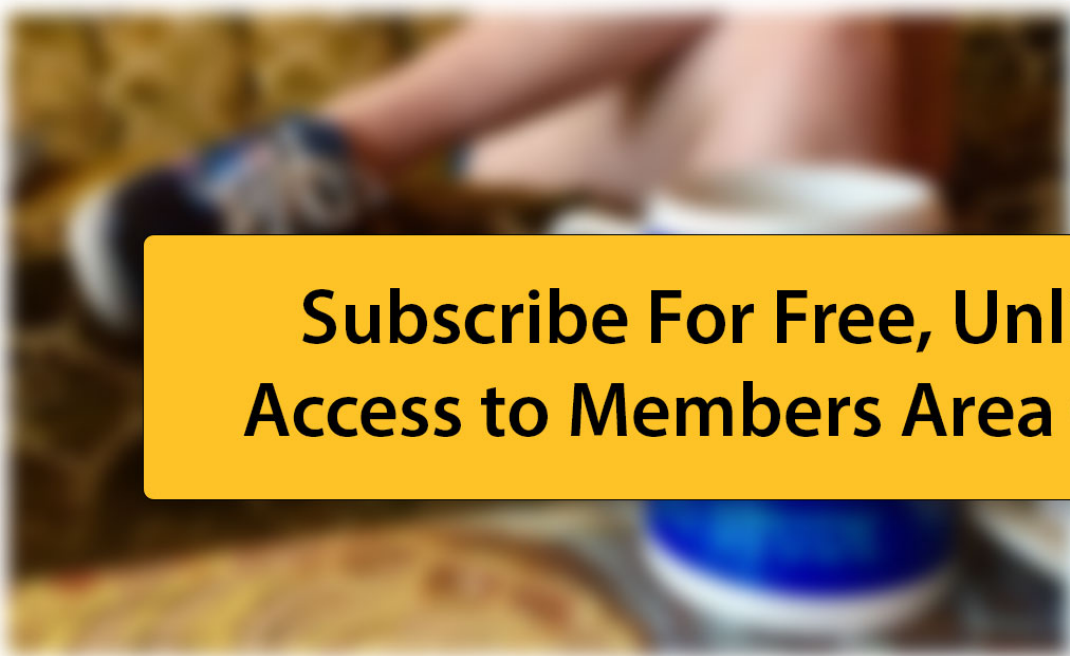




### With Your Thoughtful Presence

- Share their love
- Share their wisdom and
- Share their beauty
- Appreciate the love
- They give to others

Thoughtful Presence

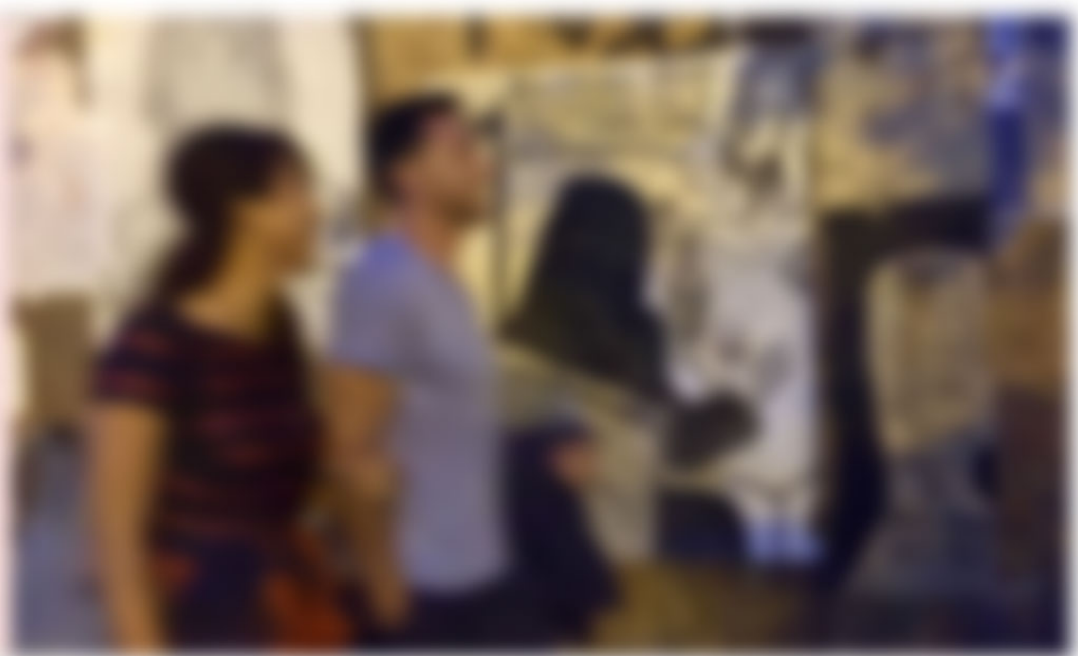


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Thoughtful Presence



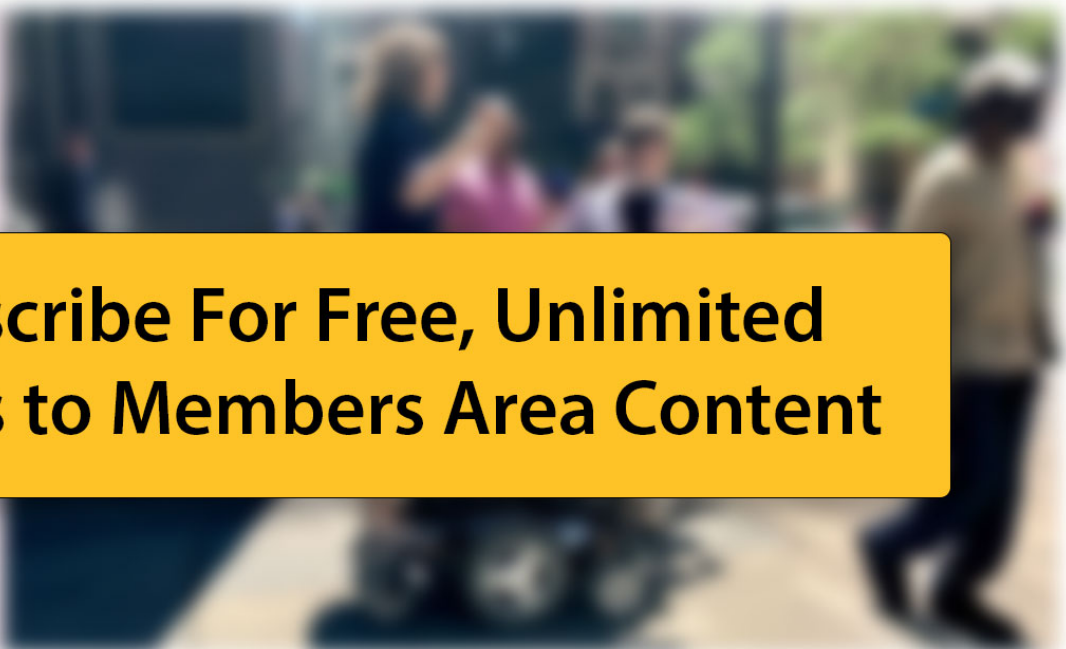


**2018 - 2019**

Researcher's report on the...  
 In 2018, the researcher...  
 findings...  
 thought...

**2018 - 2019**

Researcher's report on the...  
 findings...  
 thought...



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**2018 - 2019**

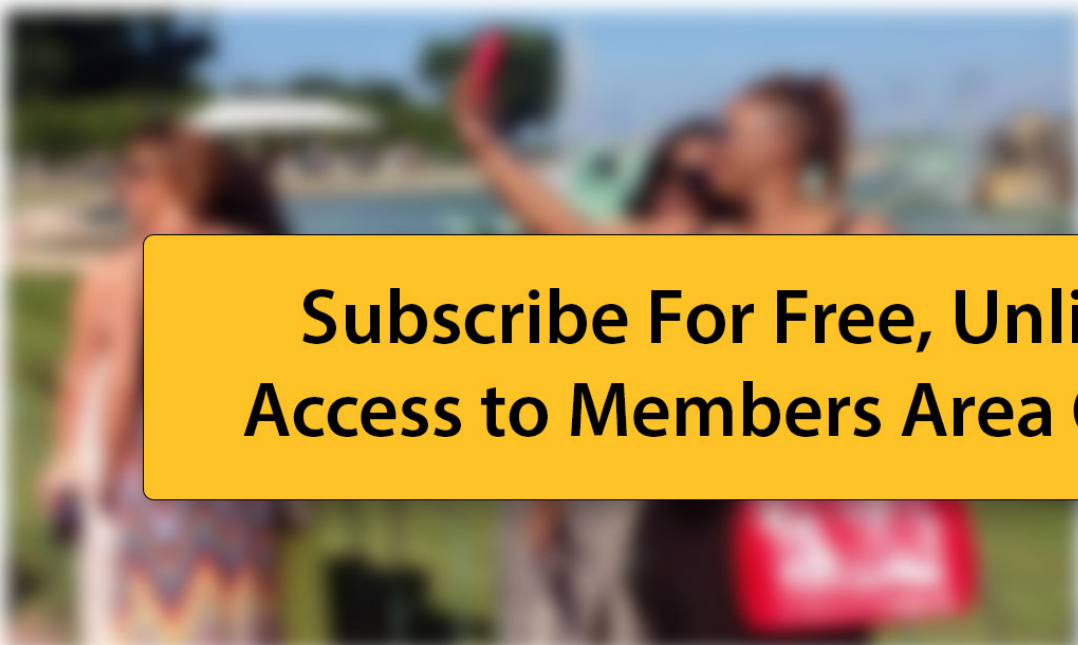
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**4th - Experience Something New**

- Share your first experience and the ordinary, explain the extraordinary.
- Before your experience, how do you feel about it? Is it different?
- How did you feel?

Thought bubbles



**4th - Learn from Failure**

- Share your experience with the failure.
- How did you feel?

Thought bubbles

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**4th - Share Your Story**

- Share a story from the heart to inspire others.
- How did you feel?
- How do you feel now?
- How do you feel about the story? What do you think?

Thought bubbles



Share Your  
Journey's Celebrations  
at  
[CelebratingHIV.org](http://CelebratingHIV.org)



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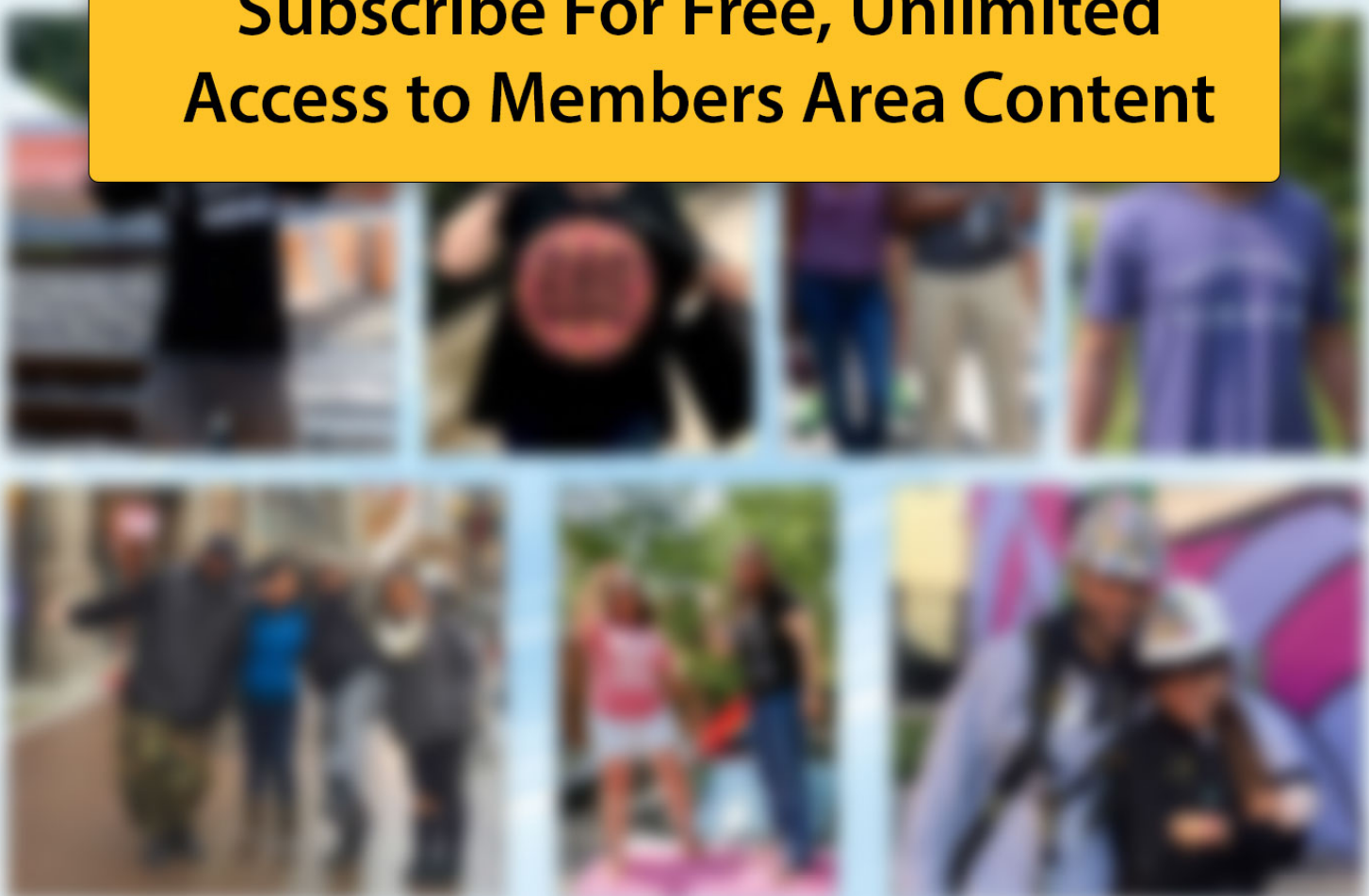


Photo above left: A group of people celebrating at a community event. Photo above middle: A person in a wheelchair being supported by others. Photo above right: A person in a hat and vest, possibly a volunteer or staff member.

